

Teaching materials for primary and special education · 41st ONCE School Contest

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DETECT

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TEAM BUILDING

Each card has a series of reflective questions: by matching character and situation, the team will have to put themselves in the character's shoes, answer the questions and agree on a solution based on empathy and respect, to avoid unwanted loneliness.

What are empathy and active listening?

Empathy is the ability to understand another person's emotions, even if they are not shared. It is defined as the ability to **put yourself in someone else's shoes** and understand **how they feel in a given situation**.

Active or empathetic listening is when you listen to **understand the other person**, focusing your attention on them.

EDUCATIONAL OBJECTIVES:

- Reflect on social situations to make empathetic decisions that are consistent with the situation, based on active listening and respect for others.
- Promote empathy for classmates.

ACTIVITY DURATION:

15 minutes.

GUIDELINES FOR PERFORMANCE:

1. Organize teams of 3-5 students, and randomly distribute a situation card and a character card.
2. In turns, each member of the team must answer the questions posed on each card, first empathizing with the character and putting themselves in their place, and then responding personally.
3. Each team, after the round of reflective questions, must reach a solution that allows the character to avoid an unwanted situation of loneliness.
4. Share the group to agree on the attitudes that the class group should have if they encounter similar situations at school.

[Download character cards](#) [Download situations cards](#)

EDUCATIONAL PURPOSE ADJUSTED TO THE PARTICIPATION WORK:

- Promote active listening, observation and empathy as starting points to become aware of situations of unwanted loneliness in the school environment.
- Empathize with classmates at school.

ALTERNATIVES TO THE DEVELOPMENT OF THE DYNAMIC:

- Depending on the maturity age of your students, you can vary this dynamic by highlighting only one or two characteristics on the character and situation cards.
- Ask your students to design their own cards, incorporating characteristics and situations close to their environment.

RESOURCE LIBRARY

If you have more class time or want to go deeper, we leave you these gamified resources to continue forming a team!

- <https://www.soledades.es/recursos/chatea>
- [Document on acting naturally with students with visual disabilities](#)
- [Relationship and communication with blind people](#)
- [Help for the movement of blind people](#)
- [Brochure LOOK!](#) shows, through illustrations and a touch of humor, how to relate and interact with blind people, offering simple recommendations to solve in a completely natural way the situations that blind people or people with severe visual impairments face.
- [Short animation ON Fologüers: Debunking stereotypes with Rudy Fernández](#)
- [Short animation ON Fologüers: People who...](#)
- [Short animation ON Fologüers: Erasmus Connection](#)